

Course Title: Professional Certificate in Aquatic Physiotherapy

Course Code: SPDQ6012

Class Code: GA1X

Teaching Venue: PolyU Main Campus/ PolyU Hung Hom Bay Campus/ Swimming Pool

Course Period: 7 May 2025 - 30 July 2025

Class Day & Time: Wednesdays (19:00-22:00);

Saturdays (09:00-12:00 / 14:00-17:00)

Programme Rundown

Lesson	Date	Day	Time	Contact Hours	Venue	Topic	Remarks	Instructor
1	7-May-2025	Wed	19:00-22:00	3	PolyU Main Campus/ PolyU HHB Campus (Room TBC)	Hydrostatics and Hydrodynamics (Part 1)	Lecture	Prof. Billy So (PolyU)
2	14-May-2025	Wed	19:00-22:00	3		Hydrostatics and Hydrodynamics (Part 2)	Lecture	Ms. Manny Kwok (PolyU)
3	21-May-2025	Wed	19:00-22:00	3		Physiology principles of immersion (Part 1)	Lecture	Mr. Boris Ng (Private)
4	28-May-2025	Wed	19:00-22:00	3		Physiology principles of immersion (Part 2)	Lecture	Dr. Sam Wong (HKPFA)
5	4-Jun-2025	Wed	19:00-22:00	3		Body Balance and Functional Loading in water	Lecture	Ms. Catherine Wong, Ms Iris Kong (HA)
6	7-Jun-2025	Sat	09:00-12:00 (Group A)/ 14:00-17:00 (Group B)	3	Swimming Pool (TBC)	Aquatic Physiotherapy and Exercise selection	Practical	Ms. Catherine Wong
7	11-Jun-2025	Wed	19:00-22:00	3	PolyU Main Campus/ PolyU HHB Campus (Room TBC)	Screening, risk management and emergency procedures	Lecture	Ms. Mun Ng (HKSR), Mr. Joseph Law (Chinese YMCA)
8	14-Jun-2025	Sat	09:00-12:00 (Group A)/ 14:00-17:00 (Group B)	3	Swimming Pool (TBC)	Aquatic Physiotherapy and Exercise selection	Practical	Mr. Joseph Law (Chinese YMCA)
9	18-Jun-2025	Wed	19:00-22:00	3	PolyU Main Campus/ PolyU HHB Campus (Room TBC)	Pool Management	Lecture	Ms. Chow Chi Ying (HKSR)
10	21-Jun-2025	Sat	09:00-12:00 (Group A)/ 14:00-17:00 (Group B)	3	Swimming Pool (TBC)	Aquatic Physiotherapy and Exercise selection	Practical	Ms. Chow Chi Ying (HKSR)
11	25-Jun-2025	Wed	19:00-22:00	3	PolyU Main Campus/ PolyU HHB Campus (Room TBC)	Aquatic Physiotherapy in Neurology	Lecture	Ms. Lavinia Wong (TWC)
12	28-Jun-2025	Sat	09:00-12:00 (Group A)/ 14:00-17:00 (Group B)	3	Swimming Pool (TBC)	Aquatic Physiotherapy and Exercise selection	Practical	Ms. Lavinia Wong (TWC)
13	2-Jul-2025	Wed	19:00-22:00	3	PolyU Main Campus/ PolyU HHB Campus (Room TBC)	Paediatric Aquatic Physiotherapy	Lecture	MS. Winnie Hui (Heep Hong Society)
14	5-Jul-2025	Sat	09:00-12:00 (Group A)/ 14:00-17:00 (Group B)	3	Swimming Pool (TBC)	Aquatic Physiotherapy and Exercise selection	Practical	Ms. Winnie Hui (Heep Hong Society)
15	9-Jul-2025	Wed	19:00-22:00	3	PolyU Main Campus/ PolyU HHB Campus (Room TBC)	Clinical Reasoning in Aquatic Physiotherapy	Lecture	Prof. Billy So (PolyU)
16				3	TBC	Discussion Forum (Cycle 1)	Activity	Discussion groups
17				3	TBC	Discussion Forum (Cycle 2)	Activity	Discussion groups
18				3	TBC	Discussion Forum (Cycle 3)	Activity	Discussion groups
19				3	TBC	Discussion Forum (Cycle 4)	Activity	Discussion groups
20				3	TBC	Discussion Forum (Cycle 5)	Activity	Discussion groups
Assessment	19-Jul-2025	Sat	09:00-13:00	4	PolyU Main Campus/ HHB Campus (Room TBC)	Written Test		
	26-Jul-2025	Sat	09:00-12:00 (Group A)/ 14:00-17:00 (Group B)	3	Swimming Pool (TBC)	Practical Test		
	30-Jul-2025	Wed	19:00-22:00	3	PolyU Main Campus/ HHB Campus (Room TBC)	Seminar Presentation		

Total contact hours: 60

Last update: 12 Mar 2025

* Deadline of Written Assignment (Case study): TBC

This tentative rundown is subjected to change. PolyU SPEED reserves the rights to make variations to the schedules, venue, contents and mode of delivery of the courses offered.

PolyU Main Campus: The Hong Kong Polytechnic University, Hung Hom, Kowloon, Hong Kong

PolyU Hung Hom Bay Campus: 8 Hung Lok Road, Hung Hom, Kowloon, Hong Kong