

PolyU

2026/27

SPEED

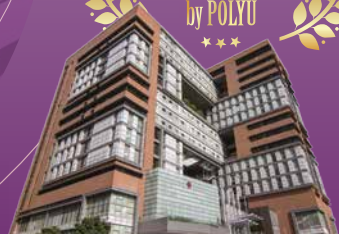


Full-time
全日制
Part-time
兼读制

Master of Science in Applied Nutrition 应用营养学理学硕士

September 2026 Entry 2026 年 9 月开学

DEGREES
AWARDED
by POLYU



- **Comprehensive Curriculum:** The programme offers a robust education in clinical nutrition, public health, and nutrition therapy, equipping students with essential knowledge and skills.
综合课程：本课程提供临床营养学、公共卫生及营养治疗的扎实教育，使学生掌握必备的知识与技能。
- **High Employment Demand:** The increasing prevalence of non-communicable diseases and an aging population highlight the importance of specialized nutrition knowledge.
就业需求旺盛：随著非传染性疾病日益普遍与人口高龄化，专业营养知识的重要性愈发凸显。
- **Hands-On Exercise:** Students engage in a clinical practicum, providing practical training in diverse healthcare settings to enhance their learning.
实务演练：学生参与临床实习，在多元医疗环境中接受实务训练，以深化学习成效。
- **Focus on Public Health:** The programme emphasises the role of nutrition in promoting health and preventing disease, making it highly relevant to current health challenges.
聚焦公共卫生：本课程著重营养在促进健康与预防疾病中的关键作用，使其与当今健康挑战高度相关。



Programme Basic Information 课程基本资料

Duration of Study:
1 year (Mixed-mode Full-time) / 2 years (Mixed-mode Part-time)
修读年期：
1 年（混合模式全日制）/ 2 年（混合模式兼读制）

Commencement Date: September 2026 Entry
开课日期：2026 年 9 月开学

Tuition Fee: HK\$201,190
学费：港币 201,190 元

Programme Structure 课程结构

Students are required to complete 11 subjects for a total of 31 credits with satisfactory results as well as passing an e-learning course (non-credit bearing) to fulfil the National Education Requirement in order to obtain a master's degree.
学生需要完成 11 个科目合共 31 个学分，取得满意成绩，并需于一科电子学习科目（非学分）取得合格成绩，以满足国民教育要求，方可取得硕士学位。

Compulsory Subjects[#] (7-9 subjects, 3 credits each unless otherwise specified)
必修科目（任何 7-9 科目，每科 3 学分，另有规定除外）

- Academic Integrity and Healthcare Ethics (1 credit 学分)
- Anatomy and Physiology[^]
- Artificial Intelligence and Digital Health
- Human Nutrition: Science and Application[^]
- Microbiome and Nutritional Biochemistry
- Nutrition and Disease Management
- Nutrition Assessment and Intervention Practicum
- Nutrition Therapy and Counselling in Clinical Practice
- Public Health Nutrition and Community Interventions

[^] Applicable to students from non-nutrition-science-related disciplines only.
仅适用于非营养科学相关系的学生。

Elective Subjects[#] (Any 2-4 subjects, 3 credits each)
选修科目[#]（任何 2-4 科目，每科 3 学分）

- ESG in Healthcare
- Laws and Ethics in Healthcare
- Preventive Care and Health Promotion
- Quality Assurance and Safety in Healthcare Management
- Sports Nutrition and Performance
- Traditional Chinese Medicine and Nutrition

[#] Offering of any elective subjects is subject to sufficient enrolment. For students from non-nutrition-related disciplines, those who are required to complete both of the two compulsory subjects specified above will need to take 2 electives, while those who are required to complete either one of the two compulsory subjects specified above will need to take 3 electives. Other students will need to take 4 electives.
每科选修科必须有足够报读人数才会开办。对于非营养相关学科的学生，如需修读上述两科必修科目，则须选修两科选修科目；如仅需修读上述其中一科必修科目，则须选修三科选修科目。其他学生则须选修四科选修科目。

Career Prospects 就业前景

- Graduates of the proposed programme can pursue positions across diverse settings, such as the Department of Health, the Centre for Health Promotion, District Health Centres, private hospitals, pharmaceutical companies, healthcare facility projects, and academic institutions engaged in teaching and research.
毕业生可于不同类型的机构任职，包括卫生署、健康促进中心、地区健康中心、私家医院、药厂、医疗设施项目，以及从事教学与研究工作的学术机构



Entrance Requirements 入学要求

- Holders of a recognised bachelor's degree, or an equivalent qualification in nutrition, health sciences, life sciences or related disciplines.
持有认可的营养学、健康科学、生命科学或相关学科之学士学位或同等资格。

For details of entrance requirements, please visit the programme webpage.
入学要求详情，请浏览课程网页。

For more information, please contact:
想了解更多，请联络：

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