THE HONG KONG POLYTECHNIC UNIVERSITY
香港理工大學

COLLEGE OF PROFESSIONAL AND CONTINUING EDUCATION
專業及持續教育學院

School of Professional Education and Executive Development
專業進修學院

SPEED

PolyU SPEED 2027/28



Full-time
全日制
Part-time
兼讀制

DEGREES AWARDED by POLYU

Master of Science in Applied Nutrition
應用營養學理學碩士

September 2027 Entry 2027 年 9 月開學

- Comprehensive Curriculum: The programme offers a robust education in clinical nutrition, public health, and nutrition therapy, equipping students with essential knowledge and skills
  綜合課程：本課程提供臨床營養學、公共衛生及營養治療的扎實教育，使學生掌握必備的知識與技能
- High Employment Demand: The increasing prevalence of non-communicate diseases and an aging population highlight the importance of specialized nutrition knowledge
  就業需求旺盛：隨著非傳染性疾病日益普遍與人口高齡化，專業營養知識的重要性愈發凸顯
- Hands-On Exercise: Students engage in a clinical practicum, providing practical training in diverse healthcare settings to enhance their learning
  實務演練：學生參與臨床實習，在多元醫療環境中接受實務訓練，以深化學習成效
- Focus on Public Health: The programme emphasises the role of nutrition in promoting health and preventing disease, making it highly relevant to current health challenges
  聚焦公共衛生：本課程著重營養在促進健康與預防疾病中的關鍵作用，使其與當今健康挑戰高度相關



Programme Basic Information 課程基本資料

Duration of Study:
1 year (Mixed-mode Full-time) / 2 years (Mixed-mode Part-time)
修讀年期：
1 年（混合模式全日制）/ 2 年（混合模式兼讀制）

Commencement Date:
September 2027 Entry
開課日期：
2027 年 9 月開學

Tuition Fee：
學費：

Programme Structure 課程結構

Students are required to complete 11 subjects for a total of 31 credits with satisfactory results as well as passing an e-learning course (non-credit bearing) to fulfil the National Education Requirement in order to obtain a master's degree.
學生需要完成 11 個科目合共 31 個學分，取得滿意成績，並需於一科電子學習科目（非學分）取得合格成績，以滿足國民教育要求，方可取得碩士學位。

Compulsory Subjects[#] (7-9 subjects, 3 credits each unless otherwise specified)
必修科目（任何 7-9 科目，每科 3 學分，另有規定除外）

- Academic Integrity and Healthcare Ethics (1 credit 學分)
- Anatomy and Physiology^
- Artificial Intelligence and Digital Health
- Human Nutrition: Science and Application^
- Microbiome and Nutritional Biochemistry
- Nutrition and Disease Management
- Nutrition Assessment and Intervention Practicum
- Nutrition Therapy and Counselling in Clinical Practice
- Public Health Nutrition and Community Interventions

^ Applicable to students from non-nutrition-science-related disciplines only.
僅適用於非營養科學相關科系的學生。

Elective Subjects[#] (Any 2-4 subjects*, 3 credits each)
選修科目[#]（任何 2-4 科目，每科 3 學分）

- ESG in Healthcare
- Laws and Ethics in Healthcare
- Preventive Care and Health Promotion
- Quality Assurance and Safety in Healthcare Management
- Sports Nutrition and Performance
- Traditional Chinese Medicine and Nutrition

[#] Offering of any elective subjects is subject to sufficient enrolment.
每科選修科必須有足夠報讀人數才會開辦。

* For students from non-nutrition-related disciplines, those who are required to complete both of the two compulsory subjects specified above will need to take 2 electives, while those who are required to complete either one of the two compulsory subjects specified above will need to take 3 electives. Other students will need to take 4 electives.
對於非營養相關學科的學生，如需修讀上述兩科必修科目，則須選修兩科選修科目；如僅需修讀上述其中一科必修科目，則須選修三科選修科目。其他學生則須選修四科選修科目。

Career Prospects 就業前景

Graduates of the proposed programme can pursue positions across diverse settings, such as the Department of Health, the Centre for Health Promotion, District Health Centres, private hospitals, pharmaceutical companies, healthcare facility projects, and academic institutions engaged in teaching and research.
畢業生可於不同類型的機構任職，包括衛生署、健康促進中心、地區健康中心、私家醫院、藥廠、醫療設施項目，以及從事教學與研究工作的學術機構



Entrance Requirements 入學要求

- Holders of a recognised bachelor's degree, or an equivalent qualification in nutrition, health sciences, life sciences or related disciplines.
  持有認可的營養學、健康科學、生命科學或相關學科之學士學位或同等資格。

For details of entrance requirements, please visit the programme webpage.
入學要求詳情，請瀏覽課程網頁。

For more information, please contact:
想了解更多，請聯絡：

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The School reserves the right to update the contents of this programme brochure and to change or withdraw programmes or subjects described here.
學院有權更改此課程單張內容或撤銷此單張所述課程或科目。
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Programme Details 課程詳情